

Winter 2020 Swimming Lessons

Registration by phone or in person

Visit our website for course descriptions

<https://www.banffcentre.ca/aquatics>

Phone: 403.762.6450

Red Cross Swimming Lessons

Red Cross Swimming programs strive to make water safety active, engaging and age appropriate. Red Cross Water Safety Instructors train for more than 75 hours and have practical teaching experience. Our programs also come with recognition tools to encourage each swimmer's success.

Swim Lesson Guidelines

1. Help our instructors ensure everyone's safety by keeping swim lesson participants close at hand before and after lessons as there are NO lifeguards on duty.
2. Entry into the 25m, Wade, or Whirl Pool before and or after lessons is NOT included in the swim lesson fee.
3. All swim lesson participants must wear proper swim attire and take a shower prior to entering the pool.

Thank you and we look forward to seeing you during our summer session swim lessons!

Frequently asked questions:

How do I know what class to register my child in?

Schedule a Swim Evaluation by contacting Hannah Moore, Aquatics Coordinator by phone [403.762.6451](tel:403.762.6451) or by email hannah_moore@banffcentre.ca

How can we enjoy swimming before or after lessons?

Program partnership is available to participants enrolled in swim lessons and their family members who wish to swim before, during and or after swim lessons. Those who wish to swim before, during and or after swim lessons will have to show proof of a membership, day pass, or program partnership pass to SBF&R Staff.

| Level | Day | Time | Start/ End Date | Registration Number | Cost |
|---|----------|------------------|-----------------------|---------------------|---------|
| Preschool Levels 6 months – 5 years of age | | | | | |
| Starfish | Saturday | 9:00am- 9:30am | January 18 – March 14 | 9889 | \$50.00 |
| Duck | Saturday | 9:00am- 9:30am | January 18 – March 14 | 9890 | \$50.00 |
| Sea Turtle | Sunday | 9:35am- 10:05am | January 19 – March 15 | 9905 | \$60.00 |
| Sea Otter | Sunday | 9:35am- 10:05am | January 19 – March 15 | 9906 | \$60.00 |
| Salamander | Saturday | 10:10am- 10:40am | January 18 – March 14 | 9895 | \$60.00 |
| Sunfish | Saturday | 10:10am- 10:40am | January 18 – March 14 | 9896 | \$60.00 |
| Crocodile | Saturday | 11:35am- 12:05pm | January 18 – March 14 | 9899 | \$60.00 |
| Whale | Saturday | 11:35am- 12:05pm | January 18 – March 14 | 9900 | \$60.00 |
| Swim Kids 6 – 12 years of age | | | | | |
| Level 1 | Saturday | 9:35am- 10:05am | January 18 – March 14 | 9891 | \$60.00 |
| Level 2 | Saturday | 9:35am- 10:05am | January 18 – March 14 | 9893 | \$60.00 |
| Level 3 | Sunday | 9:00am- 9:30am | January 19 – March 15 | 9901 | \$60.00 |
| Level 4 | Sunday | 9:00am- 9:30am | January 19 – March 15 | 9903 | \$60.00 |
| Level 5 | Sunday | 10:10am- 10:55am | January 19 – March 15 | 9907 | \$75.00 |
| Level 6 | Sunday | 10:10am- 10:55am | January 19 – March 15 | 9908 | \$75.00 |
| Level 7 | Saturday | 10:45am- 11:30am | January 18 – March 14 | 9897 | \$75.00 |
| Level 8 | Saturday | 10:45am- 11:30am | January 18 – March 14 | 9898 | \$75.00 |
| Level 9 | Sunday | 11:00am- 12:00pm | January 19 – March 15 | 9909 | \$90.00 |
| Level 10 | Sunday | 11:00am- 12:00pm | January 19 – March 15 | 9910 | \$90.00 |

*No Lessons scheduled on February 15 and 16

| Level | Day | Time | Start/ End Date | Registration Number | Cost |
|--|---------|----------------|-----------------------|---------------------|---------|
| Adult Lessons Age 18+ | | | | | |
| Learn to Swim | Tuesday | 6:15pm- 7:00pm | January 14 – March 10 | 9914 | \$70.00 |
| Laps, Skills & Drills | Tuesday | 7:00pm- 7:45pm | January 14 – March 10 | 9915 | \$70.00 |
| Masters | Tuesday | 7:45pm- 8:45pm | January 14 – March 10 | 9913 | \$90.00 |

*No Lessons scheduled on February 18

| Level | Day | Time | Start/ End Date | Registration Number | Cost |
|--|-------------------|--|------------------------|---------------------|----------|
| Leadership Age 13+ or Bronze Star Certification | | | | | |
| Bronze Medallion | Saturday & Sunday | 8:00am- 4:00pm (unsupervised break 11-12) | February 1, 2, 8, 9 | 9916 | \$125.00 |
| Bronze Cross | Saturday & Sunday | 8:00am- 4:00pm (unsupervised break 11-12) | March 7, 8, 14, 15 | 9917 | \$125.00 |

